**BULLETIN**

**The Catholic Parishes of**

**St Augustine of Canterbury,** 146 Sandon Road, Meir, Stoke-on-Trent. ST3 7DF

**St Filumena,** Blythe Bridge Road, Caverswall. ST11 9EA

**St Mary,** Cresswell Old Lane, Cresswell. ST11 9RF

Parish office at St Augustine’s: *tel.*: **01782 313734**

*email*: [augustineandmary@hotmail.com](mailto:augustineandmary@hotmail.com); *website*: [www.augustineandmary.org.uk](http://www.augustineandmary.org.uk) or [www.stfilumena.org.uk](http://www.stfilumena.org.uk)

Parish Clergy: **Fr Kazimierz Stefek** *OSPPE –* Parish Priest, **Fr Jan M. Berny** *OSPPE* (*mobile*: **07568 239216**),

Deacon **Trevor Borthwick** (*retired*), Deacon **Peter Bowyer**

Parish Catechist: **Gabrielle Halliday** (*mobile*: 07764 245344)

Safeguarding representatives: **Julia McVey** (for Cresswell: *mobile*: 07791 364850)

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| **7th March 2021** | **SECOND SUNDAY OF LENT – Year B** | 10/2021/*KS* |

# **Fast for Lent**

L[ent is a time for prayer, fasting and almsgiving.](https://anglicancompass.com/lent-a-rookie-anglican-guide/) It is a season of spiritual preparation in which we remember Christ’s temptation, suffering and death.

People have been fasting since the ancient days of the Bible. The Bible records numerous accounts where people, cities, and nations have turned to God by fasting and praying: Hannah grieved over infertility “*wept and did not eat*” ([1 Samuel 1:7](http://biblia.com/bible/esv/1%20Samuel%201.7)); Anna, who was an elderly widow, saw Jesus in the temple and “*served God with fasting and prayer*” ([Luke 2:37](http://biblia.com/bible/esv/Luke%202.37)). Saul encountered Jesus on the road to Damascus, “*was three days without sight, neither ate or drank*” ([Acts 9:9](http://biblia.com/bible/esv/Acts%209.9)). Cornelius told Peter, “*Four days ago I was fasting until this hour…*” ([Acts 10:30](http://biblia.com/bible/esv/Acts%2010.30)). Some people fast for religious and spiritual reasons, while others choose to fast for health reasons.

The practice of FASTING is performed by Roman Catholics as well as Eastern Orthodox and Protestant Christians. Fasting, in general, is a form of self-denial and most often refers to abstention from food. In a spiritual fast, such as during Lent, the purpose is to show restraint and self-control. It is a [spiritual discipline](https://www.learnreligions.com/what-are-spiritual-disciplines-712414) intended to allow each person to focus more closely on their relationship with God without the distractions of worldly desires.

Fasting may extend beyond food. For instance, you might consider abstaining from a vice like smoking or drinking, refraining from a hobby you enjoy, or not indulging in activities like watching television. The point is to steer your attention away from temporary satisfactions so that you are better able to concentrate on God.

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| **ST AUGUSTINE’S 50/50 CLUB**  Suspended until further notice. |  | **St Filumena’s** **50/50 Club**  **January winners**: 1st Prize – S. Totton; 2ndPrize – M. Parton 3rdPrize – M. Bowen. Congratulations! |

**Parish Offertory for last weekend**:

Meir: £367.00 of which £310.00 was gift aided

Caverswall: £145.00 of which £ 71.00 was gift aided

Cresswell: £141.00 of which £125.00 was gift aided

Many thanks for your generosity !

*please gift aid, if possible*

This weekend there is a second voluntary collection for Cathedral Maintenance

**Please Pray**

**For those who are ill, especially**: Fiona Borthwick, Joan Brindley, Pat Bromfield, J. Coronato, Eamon Dooley, David Halliday, Pat Porter, Leon Stefek, Lisa Swift, Pauline Tranter, Evelyn Young, Betty Williamson, Beatrice Wright.

† † †

**For those who have died recently** – the victims of the coronavirus, and those whose anniversary occurs around this time.

**MASS INTENTIONS FOR THE WEEK**

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|  | St. Augustine’s  MEIR | St Filumena’s  CAVERSWALL | St Mary’s  Cresswell |
| **6th March**  **Saturday**  **(***Sunday Vigil)* | 18:15 – People of the Parish |  | 17:00 – Private Intention |
| **7th March**  **SUNDAY**  **THIRD SUNDAY OF LENT**  **Year B** | 11:00 – John Murray RIP | 9:00 – Michael Devaney RIP |  |
| **8th March**  **Monday**  *Lent Feria* | 9:30 – For God’s Care Over Dorota  Osesek | 9:30 – In Atonement For Sins |  |
| **9th March**  **Tuesday**  *Lent Feria* | 9:30 – In Atonement For Sins |  |  |
| **10th March**  **Wednesday**  *Lent Feria* | 9:30 – Stanley Goodfellow RIP  19:00 – **TRADITIONAL LATIN MASS** | 9:30 – In Atonement For Sins  **14:30 – Stations of the Cross** |  |
| **11th March**  **Thursday**  *Lent Feria* | 9:30 – In Atonement For Sins |  |  |
| **12th March**  **Friday**  *Lent Feria* | 9:30 – In Atonement For Sins  18:00 – **Exposition of the Blessed**  **Sacrament & Benediction**  18:30 – **Stations of the Cross**  19:00 – Kazimierz Strzelecki RIP |  |  |
| **13th March**  **Saturday**  *Lent Feria* | 9:30 – Mikotaj RIP  18:15 – Pauline Murray Int |  | 17:00 – In Atonement For Sins |
| **14th March**  **SUNDAY**  **FOURTH SUNDAY OF LENT**  **Year B** | 11:00 – Ron Torjussen RIP | 9:00 – In Atonement For Sins |  |

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| Image result for catholic church symbols  ***Confession*** | *Wednesday*: 18:00-18:45  *Friday*: 18:00-18:45  *Saturday*: 10:00-10:30 | *Sunday* before Mass  8:15-8:45 | *Saturday* before Mass  16:15-16:45 |
| and  BY REQUEST | | |

**Mass intentions**

**please hand in an envelope**

**to a member of the clergy**

Please send items for the Parish Newsletter by Thursday evening (*e-mail*: [augustineandmary@hotmail.com](mailto:augustineandmary@hotmail.com))